

Africa Food for Thought



"Feeding people in the name of Christ, in order to bring hope to the hopeless"

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Africa Food for Thought is a non-profit organization that aims to provide nutrition to school children in order to promote concentration and learning. At present AFFT is only operational within the West Rand area of Gauteng; however we hope that as our organization grows we will be able to expand into other areas. Although school feeding programmes are our main activity we also support numerous self help projects and crèches that all benefit underprivileged children. At AFFT we believe that there should be community involvement in order to make our projects sustainable. With this in mind we encourage the schools and communities to own and run their projects.

Banking Details: First National Bank, Branch code: 25-08-41 (Westgate)

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Write to us: The Editor, The Term Report
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Christmas parcels made and delivered

During the months of August, September, October and November, many volunteers made themselves available to help pack "goodie" bags for all the children at the schools Africa Food for Thought supports.

Each bag contained a packet of sweets, a savoury snack and either a novelty gift and balloon (for the younger children) or a water bottle and pens (or lanyards, or wallets) (for the older children).

The efforts of our sponsors resulted in the packing of over 7000 parcels that have been de-

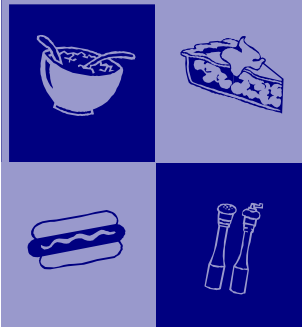
livered and handed out to the majority of our schools.

This gives the children a small treat before Christmas.

A special thank you is needed for all of those that helped pack the 'goodie bags': with your help we would not have been able to pack them all!

Thank you to our sponsors who donated sweets, chips and money, namely, T.J. Snacks, Wimpy, Steers, Laycol, KTV, Medscheme Life, Spur, Rand Merchant

Bank, TNS Research Surveys, AFM Noordheuwel, St Luke's Methodist Church, Weltevreden Park Methodist church as well as many individuals (you know who you are!). This brought joy to thousands of children during the Christmas season.



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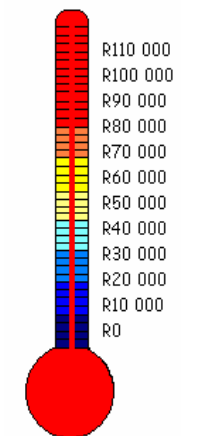
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Mattie the truck's

Thermometer



R0 to go!

Thank You to all of our contributors!!!

An incredible surprise from Bermuda!

A new and exciting time has arrived for AFFT, thanks to a company in Bermuda.

The Excalibur Charitable Trust, founded by Argonaut, an off-shore financial institution, was looking for a South African charity, but wanted a charity that was still relatively small where their donation could make a major difference. Helen Clifford, the mother of the vice president of Argonaut, came on an open day to some of our schools and crèches and gave the company feedback on a few charities.

We deposited the donation into our account so that we could earn interest on the amount and managed to secure a total of R213 000.

This gives us freedom; freedom from anxiety and the worry of covering our operating costs. It allows us to concentrate on feeding children and expanding so that we can reach out to more people.

We were in the process of starting two schools at the time and this donation gave us the confidence to step out in faith.

fully see us feeding over seven thousand children in 2008.

The donation has also allowed us to pay off Mattie. Even with this donation we cannot afford to be complacent. We still need to fundraise for next year as we hope that the majority of this donation will be used soon.

We still need every sponsor and every donation is a Godsend. It allows us to feed children which is AFFT's main aim.

We were the main beneficiary and received a massive \$30 000. And yes, that is dollars!

We are now looking at starting more school feeding projects that will hope-



Edwin starts as our new driver

Edwin Mokwena has recently replaced Peter Hlokwa as Africa Food for Thought's driver.

At the end of Peter's contract, he decided to move on from AFFT but introduced Edwin to us.

Edwin has done an

amazing job as driver and has taken on many more roles in AFFT. He now does the usual deliveries to the schools and the picking up of vegetables but also does the sorting of the vegetables, a sometimes daunting task.

Edwin is willing and hard working and has made a great addition to the AFFT team.



Two more schools started

AFFT has started two more schools in September 2007 which brought the total number of schools to seven and the total number of children fed to approximately 4800.

The two schools that have been started are Harry Gwala primary school which is located in Tshepisoong and Thuthuzekani in Rietvlei.

Both these schools have been on the waiting list for some time now but we are now able to commit to helping both of these schools.



The handing over of cooking equipment at Harry Gwala

Right to left: Peter France (Chair); Mac Donald (SGB Chair); Ntsiki (Nutrition programme coordinator); Mr. Mathebula (principal).

Due to the recent large donations we were able to look at new projects and start feeding programmes at some of our other waiting schools like Lesego primary, Kid Maponya primary and Thulani primary.

The latest development is the increase in the number of days that we will be picking up vegetables; this may be the push we need to start these school feeding programmes.

Watch this space....

TNS Research Surveys has supported us yet again!

TNS Research surveys has supported AFFT again this year by donating a massive R50 000. Our chairman Peter France was at a cheque handing over ceremony

TNS has been a long supporter of AFFT. In the early days of AFFT Research Surveys (as it was then), was a vital source of income and without them we would not be as large as we are now.



They have been dedicated not only in financial support but also in a helping role. They have been helping pack for Christmas for the last

two years and this year was no different.

A special mention needs to be made to Kim and her team at TNS Research Surveys who have organised another quiz evening in aid of AFFT, raising R10 000.

We thank them for their continued support, and dedication!

Yet more schools started!

The number of schools rose again in November 2007, with the addition of three more schools.

P.J. Simelane in Dobsonville is a new addition. Although a small project at present, we expect this to grow.

Lesego Primary School is our only farm school, presently. Situated in

Muldersdrift, the Principal says one of the major challenges for the children here is the large distances they have to walk to school. Poverty is endemic.

Kid Maponya is our very latest addition. An additional 1 500 learners are being fed through this programme. Before AFFT's involvement, other sponsors have allowed

the school to give the children a breakfast meal. With AFFT coming on board, the children are really being given good nutrition!

This now brings our total number of schools to ten and the number of children being fed to 6800, and all this in the last few months!

Myrtle nominates AFFT as her favourite charity

Good exposure in the local press has been received recently for AFFT. Myrtle van Moorst, one of AFFT's volunteers and a Nedbank client, entered AFFT as a recipient in their local heroes' campaign. On 10 November 2007, Peter France, AFFT's Chairman, and Myrtle had the pleasure of receiving an award of R10 000 in a ceremony at Bokomosa Crèche in Tshepisoong West.

Myrtle has been a long standing member of AFFT and has always shown great commitment to AFFT.

We thank her and all of our volunteers. Without their help AFFT would not be possible.

Although AFFT has received some local press we still rely on the word of mouth of our volunteers for donations.

Stop Press

As we went to press, we received the amazing news that TNS Research Surveys has donated another R50 000 to AFFT, bringing the total contribution for 2007 to R100 000.

More next issue...



RMB - a night to remember

Great fun was had during November at the First Rand Chairman's Volunteers Award Evening.

The young cultural dancers trained by Youth Crime Fighters entertained a prestigious audience of about 60. Minah (one of our Miqlat four) gave a short, but heartwarming, speech. Sylvia and her sewing class designed and sewed the outfits that the cultural dancers wore.

Africa Food for Thought paid for

"A great time was had by all and the kids really enjoyed being the centre of attention" - Debbie Higgs (AFFT)

the material to make the outfits, and provided transport on the night.

Thanks to Rand Merchant Bank for the wonderful opportunity for these children. This kind of event really helps their self-confidence, composure and exposure! We have it from two reliable source that "our" kids were the best!

AFFT acquires its first property

AFFT has recently acquired its first property in the form of a corrugated iron shed. The structure has been erected on Agnes' property but remains the property of AFFT. This arrangement has been chosen to accommodate any changes in location.

The shed is being used as a room that the teachers use for the children's lessons and provides a

separate structure away from Agnes' home to comply with crèche regulations.

AFFT has also paid off the loan for Mattie and so now Mattie is wholly owned by AFFT. This is a great leap forward in the growth and development of AFFT.

